

Every voice counts – Deep Democracy with Maria Wiprich

What if, in groups, not only the loudest voices were heard, but also the quiet, unheard, uncomfortable ones – and change from within became possible? In this interactive workshop, we experience Deep Democracy not as a theory, but as a lived attitude: physically, emotionally, politically.

We begin with Gandhi, with presence and our own zones of influence. We will explore the view of humanity behind non-domineering decision-making and experience what conflicts look like when we don't “solve” them, but allow ourselves to be transformed by them.

At the center is the Shoe Shuffle – a practical method from process work that combines debate with depth. If you are interested in a lively, unsettling, and at the same time supportive form of togetherness, this is the right place for you.

For anyone who doesn't want to lead groups, but rather set them in motion.